

Cool Stuff Coaching Course

The "Cool Stuff" Coaching Course "Life is not about finding yourself; it's about creating yourself."- George Bernard Shaw

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This is a unique workbook that guides readers through many of the concepts and life-skills discussed in "Cool Stuff" They Should Teach in School. The best way to master new skills is to get involved and participate. This book is specifically designed to get the reader involved to begin forming new and empowering habits necessary for success in the real world. Although it can be used by an individual, the "Cool Stuff" Coaching Course is also a very popular addition to school classrooms and curriculum. In The "Cool Stuff" Coaching Course you will discover how to:

- Create new positive habits to enjoy more success
- Develop a winning attitude
- Communicate clearly and effectively
- Make a good impression and keep it
- Break through your comfort zone to achieve more
- Defeat peer pressure through self-discovery
- Set goals to stay focused and get exactly what you want

“This book is a valuable resource for mastering the life-skills necessary to succeed in the real world. The exercises are fun, to the point, and very powerful.”

- Jack Canfield, author of The Success Principles, co-author of Chicken Soup for the Teenage Soul “Going through this course was a great experience. It was like Kent was my personal coach guiding me through these life-skills.”

- Andrew Hughes, age 16, student To purchase your autographed copy of this book, [click here](#) Learn more about:

- "Cool Stuff" They Should Teach In School
- The Success Principles for Teens
- The One Minute Student

- Maxims for Mavericks