

The One Minute Student

The One Minute Student Perfect Paperback: 207 pages
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Shipping Weight: 9.6 ounces After attending 4 different high schools on two different continents, speaking with students internationally, and personal coaching individuals of all ages and backgrounds, Kent Healy has learned some key life-lessons that can dramatically increase personal success and fulfillment. And as Kent recognized, these crucial concepts are not being taught in school or in most households. This means that many students are left to go through life using the process of trial and error only to discover these valuable life-lessons very late in life (if at all).

Kent wrote this book to take students of all ages on a journey of self-discovery and self-development. The fast-paced and insightful parable is extremely unique--there is no other book like it on the market today. Be sure to download the first 4 chapters for free.

Synopsis:

At first, it seemed like a simple assignment given by her journalism teacher, but discovering the perfect student sends Becky on a non-stop adventure filled with laughter, empathy, confusion, and some unexpected "Ah-ha" moments. Join Becky on this wild, but intriguing journey and come away with profound lessons about what it takes to succeed in school and create an extraordinary life. This easy-to-read and enjoyable story is filled with many surprising life lessons for students of all ages. A practical and insightful journey all students—and adults—should read! The reader will discover important life lessons about how to:

- Master time management
- Build your people skills and strengthen your relationships
- Set powerful goals
- Increase your focus and discipline
- Embrace feedback to excel faster
- Take responsibility and create empowering habits
- Use curiosity to boost academic performance
- And countless other practical lessons about character and the principles of long-term success.

"The One Minute Student shows readers the 'how to' of taking the initiative to be successful as students and in life. Kent's message is so positive and the advice so accessible that it can motivate the student in all of us. I'll be recommending the book to doctoral students in my educational leadership courses."

- Dr. Raghu P. Mathur, Chancellor
 South Orange County Community College District

"Put simply, it's brilliant a clever combination of suspense and truth...a real page turner. One girl's quest becomes your own, bound together on an unlikely journey to dig up deep meaning, unknowingly in search of personal fulfillment. From an educational standpoint, this book needs to be read by every teenager passing through our public school system today, to teach habits of success and character development."

- Tiffany George
 Six-year AVID Coordinator at SCHS

California League of High Schools, Educator of the Year 2007 "Finally, a book that my teens can read that teaches them the important lessons in life in a fun and engaging manner. I too could not put the book down. Every chapter is filled with lessons I want my children to learn and apply to their everyday lives. Not only will it help my kids, it will help me stay focused on being a good role model for them. Thank you, Kent, for writing such a brilliant book that my kids will actually read. I am going to give it to every teen I know." - Liz George, parent To purchase your autographed copy of this book, click here Learn more about:

- "Cool Stuff" They Should Teach In School
- The "Cool Stuff" Coaching Course
- The Success Principles for Teens
- Maxims for Mavericks

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